


Up-Down Game

- You will need:**
- Your dog
 - Lots of small pea-sized treats in a treat pouch or other easily accessible container
 - A clicker or a designated marker word like "yes"

1. Start by standing or sitting near your dog
2. Place one treat on the floor in front of them
3. After they eat the treat, wait for them to look up towards you. They don't need to make eye contact, just look in your general direction.
4. When they do, say "yes" or click your clicker once and then place another treat on the floor in the same spot
5. Repeat several times per practice session!

 **Tip:** Take a short video clip of you playing this game with your dog and watch it back! This is a great way of getting a better idea of what your training mechanics look like and if there are adjustments you want to make.